

Supplement 3 Retirement concepts questionnaire

New Start

- 2 Retirement means a new phase of life when you can stop "living for others" and start "living for yourself."
- 6 Retirement will allow me to do things I haven't done before.
- 10 Retirement will allow me to engage in new different activities.
- 14 By retiring, I will free myself from the work constraints and start a new life.
- 18 I am looking forward to new plans and activities in retirement.

Continuation in activities

- 3 In retirement, I will do the same activities that I did before.
- 15 In retirement, I will do everything I did before.
- 19 What I liked to do before retirement, I also want to do in retirement.

Life without change

- 7 My retirement life will be very similar to my life before retirement.
- 11 Retirement won't change much in my life.

Imposed Disruption

- 4 Work and employment give me more than free time in retirement.
- 8 In retirement, I will hardly find anything to replace the loss of my work.
- 12 In retirement, I will have a big problem with what to do with my time.
- 16 It will be difficult for me to find meaningful things to do in retirement.
- 20 I wish very much to continue working even after reaching retirement age.